



Welcome to High Tide Spring 2024



It has been a shorter than normal but very busy Spring Term with a huge number of events and opportunities for students on top of our core business of teaching.

We have had several Parents' evenings and our Preferences Evening for Year 9 students regarding the GCSE qualifications they will follow next year. We have had several trips and events within and outside school, including an excellent ski trip at half term.

Our offer of a wider range of A Level and other courses in our Sixth Form is proving popular and I would urge any Year 11 students who are still undecided about next year to contact any member of the Leadership Team or their tutor for advice.

Yearly Attendance	Yearly Days Missed	Yearly Learning Hours Missed	Learning Hours Missed Over 5 Years
100%	0	0	0
97%	6	30	150
95%	10	50	250
90%	20	100	500
80%	40	200	1000
50%	100	500	2500

Behaviour and attendance in schools is always a hot topic nationally. Alongside the legal requirement, thank you to all the parents and carers who ensure their child attends school every day, when physically able to. When a child is absent, the learning they miss does make a difference to their progress and being able to keep up with work when they return to school after an absence. Students who miss school for any reason need to catch up and they must take some responsibility for this.

We have very clear expectations regarding behaviour to ensure learning is not interrupted, which have been shared regularly with students through their tutor group and assemblies. We appreciate the support from all those parents who reinforce these expectations and responsibility. Thank you. Research tells us that the students who make the most progress in school have parents who value education in school and work positively with school to support their children. Thank you again for your continued support.

Finally, I would like to thank all the staff, community, parents, carers, Governors, businesses and voluntary groups that support the children of this community.

Alastair Ogle Executive Headteacher Sheringham and Stalham High School

A message from Martin Langsdon, **Vice-Chair of the Governing Body**

Being a Governor at Sheringham High School and Sixth Form Centre means

being a support, a listening ear and a challenging voice. School governors offer strategic guidance, rather than getting involved in the operational aspects of a school.

A school governor's relationship with the school's leadership team involves challenging existing processes to drive school improvement. School governors usually attend around six meetings per year. Although becoming a school governor requires drive and commitment, governors enjoy many professional and personal rewards and the chance to support young people's futures. Some governors are parents of pupils at the school, others are from the local community and some are members of staff.

I became a school governor just over a year ago and am vice-chair of the governing body. I am the governor with responsibility for liaising with the SEND department. I have lived in Sheringham for twenty years and my two sons both attended Sheringham High School. I was a secondary school teacher for twenty-two years and worked as a University lecturer in Norwich. I am now semi-retired and a member of Sheringham Town Council.

We are currently looking for people to join as community governors. It is a rewarding role.

Year 9 English:

George Orwell's 'Animal Farm'

Mrs Chanter

Combining their artistic skills with their understanding of the characters in the modern classic, 'Animal Farm', Year 9 students were given the opportunity by Mrs Chanter to present their knowledge of the principal characters in an innovative creative way.





Emerging Schools Rugby

Mr McGlinchey

Years 7 and 10 took part in the Emerging Schools Rugby competitions, competing against schools from across Norfolk at Wymondham and North Walsham Rugby Clubs. The days gave the students great experience of small sided rugby matches, with both competition and coaching taking place throughout the matches. For most of Year 7, this was their first experience of full contact rugby matches, with the boys

learning a huge amount, scoring some fantastic tries and demonstrating fearless tackling, no matter how big or small they were! The Year 10s showed their abilities, with those who have played club rugby before helping those who were less familiar with competitive games, and showing that they have really developed since they played in the tournament last year.



Year 7 and 8 Girls' interschool Football

Mrs Randel



Sheringham High School v North Walsham High

The year 7 and 8 girls' football teams played at home against North Walsham High school on Wednesday 31st January. After a delayed start and in very cold conditions both teams put in a sterling effort in what was only their second ever competitive match against another school. It was great to see so many parents turn up in support to cheer the girls on.

Year 7 Girls

Final score 3:1 to North Walsham

Despite the score, the Sheringham Year 7 girls put in a determined effort. Layla Grand and Lara Hall both managed to cover a lot of ground during the match, demonstrating high levels of fitness. Special recognition should go to Amber Umphray, our player of the match for her quick footwork and ability to navigate around the North Walsham defence, resulting in the Sheringham goal. The whole team should be really proud of the way they supported and cheered one another on throughout the game, despite tough opposition.

Year 8 Girls

Final score 3:2 to North Walsham

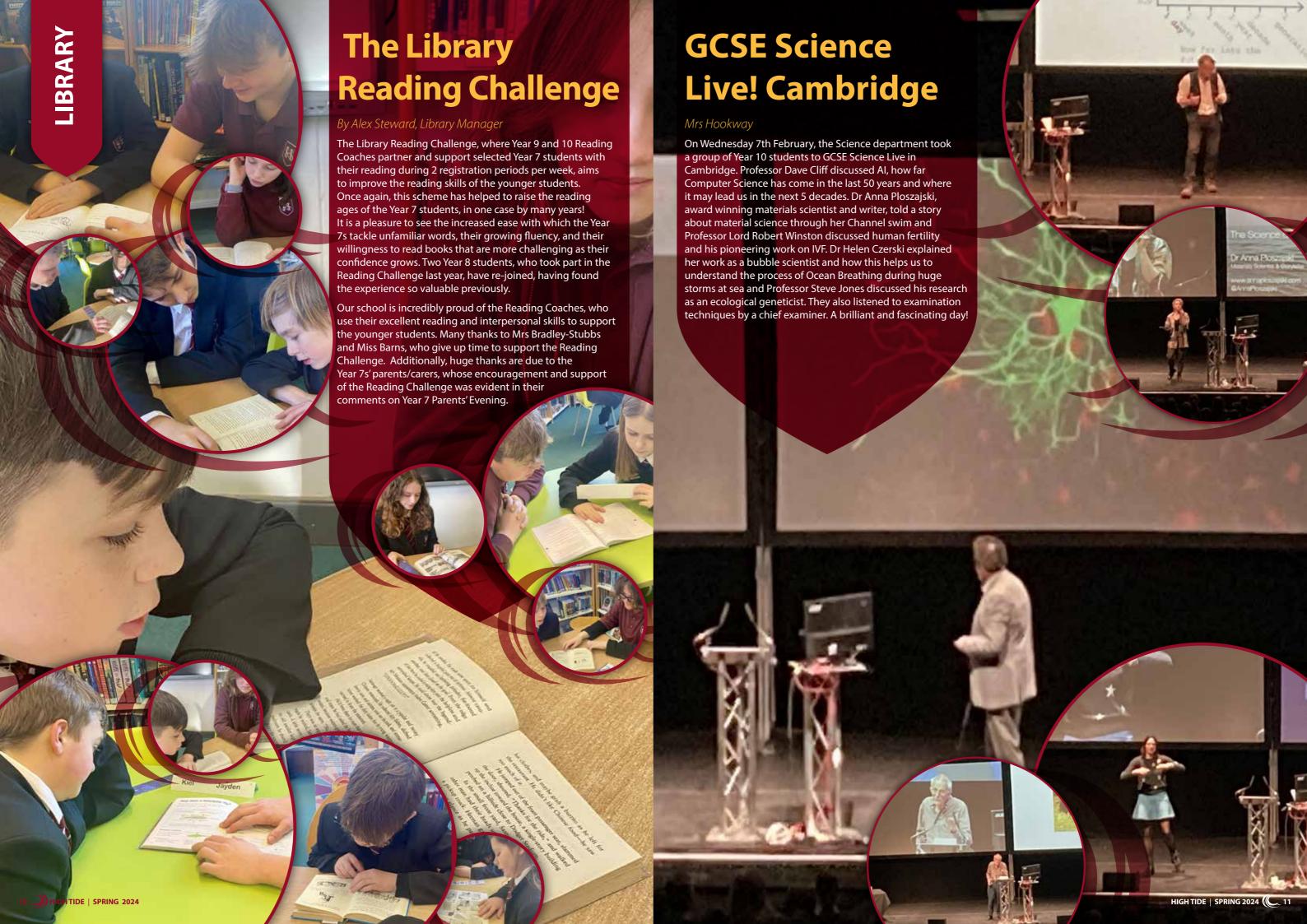
A hard-fought match against a challenging opposition, many of whom play for a North Walsham team outside of school. Our Player of the Match has to go to Bethany Parsonage who, despite not having proper goal keeping gloves, made numerous saves, keeping our girls in the game. Mary Earps beware!

Isla Pert must be congratulated on her attacking skills and for putting home the 2 Sheringham goals. Special credit should also go to Betty Buck (year 7) who was playing up and dominated the centre field with her excellent ball skills, another up and coming player. Again, the whole team should be proud of the way they supported one another and how they conducted themselves as a team.



Year 7 Art: Cubism Portrait workshops Mrs Mendes-Houlsten After examining art work by Picasso and Braque, Year 7 students created stencils based on facial features. The stencils were then used to make Cubism style portraits through gelli printing techniques.







YOUTH STEMM AWARD

Youth STEMM Award

Mrs Hookway

The Youth STEMM Award (YSA) is currently open to students in Years 9 and 12. STEMM stands for Science, Technology, Engineering, Maths and Medicine. The students whom I have run the Award with previously have enjoyed it immensely. Following a conference, a parent told us:

"She came home so excited and full of the things she had learnt there. Her enthusiasm for science and all things connected has been heightened..."

There are three levels at which the Award is taken, with increasing levels of challenge: Bronze, Silver and Gold. This year, we are offering Bronze to Year 9 and Bronze or Silver to Year 12. The Award has four areas in which pupils are required to gain experience:

Inspiring the next generation –

This could involve helping with clubs, delivering sessions in primary schools, or even helping younger siblings with their Science and Maths homework.

STEMM

Engaging the public –

This could involve helping at open evenings, speaking in front of groups of people, writing a blog, or writing for the High Tide magazine.

Developing your skills and knowledge –

Evidence of this could involve attending conferences (such as GCSE Science Live!), completing your own project or evidence of research into an area that is of interest.

Shaping your future –

This involves looking at careers in the STEMM areas and could involve careers days and conferences.

Students who complete the Award will receive a certificate and a medal and it is highly regarded by both colleges and universities.



RANSITIO



The Year 8 Netball team attended the County Cup Tournament at Gresham's on Monday 4th March. We took a squad of 10 girls including Lara Hall and Daisy Chen who were playing up from Year 7.

The girls put in a convincing win against Reepham, in our first match, winning 9-0. Mia Tracey and Isla Pert worked well together with Evie Bates and Olivia Laming in attack, whilst Flo Hill, Poppy Gale and Bethany Parsonage formed an impenetrable defence.

In our second match against Aylsham High, we fought hard to maintain the lead, winning with a score of 2-1. In this match, Lara Hall stepped in to play centre with Lulu Gillett and Mia in the attacking circle, while Daisy Chen worked hard as Goal Keeper.

In our third and fourth matches, we faced the private schools in our group, Town Close and Langley Senior School; here unfortunately, we were beaten 15:1 and 6:2. I am immensely proud of the way the girls played and conducted themselves thoughout.

OF CHEMISTRY

Royal Society of Chemistry 'Top of the bench' chemistry competition

Mrs Waldron

Congratulations to our four students who participated in the Royal Society 'Top of the bench' chemistry competition. After getting through the first round, they travelled to the UEA where they took part in several laboratory practical tasks, competing against 11 other schools in the second round. Our students came first out of the original 25 schools that entered and will now go to Edinburgh for the final in March 24! Well done and good luck for the finals!



Brilliant Club!

Mr Keshavarz

Sheringham High students are officially "Brilliant"!

On 7 February 2024 twelve Year 7 and 8 students graduated as Brilliant Club Scholars at Christ's College, University of Cambridge where they received their certificates, and enjoyed a tour of the College.

From October until January, these dozen students attended a series of seminars and tutorials as part of the Brilliant Club Scholars programme. They were taught by PhD tutor Victoria Proctor, and investigated "Are we living in a simulation?" during the sessions, debating a range of philosophical ideas



essay. Despite this being a very new challenge for them, they all produced outstanding work, which was marked as if they were currently studying a university degree course.

Congratulations to all our Brilliant Club Scholars; they consistently demonstrated motivation, resilience and an amazing ability to grapple with complex issues. We are so very proud of you and what you have achieved; it promises to be the start of many great things.

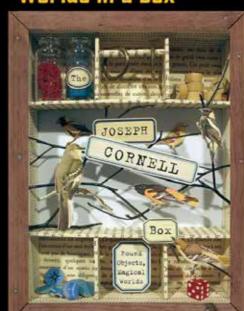


Art Club!

Taking place every Tuesday lunchtime in Room 9 and with a different theme every term, Art Club gives students the wonderful opportunity to develop and use their creativity on exciting new projects. This term's theme is 'Worlds in a Box!

KS3 Art Club Tuesday lunch time in room 9

'Worlds in a box'



- Sign up on the list outside the Art rooms



Create your own world in a box, inspired by artist Joseph Cornell. We will provide the boxes all you need to bring is your creative minds and energy!





Sixth Form News

Sheringham 6th Form out and



Sheringham 6th former wins runner-up prize in

RSPCA Young Photographer Award 2023.

Mrs Smith

Conor Smith, a Year 13 student at Sheringham Sixth Form, attended the YPA at the Tower of London last week and came away with the runner-up prize in the category 'Pet Portrait' part of a national competition that attracted over 6000 entries.

Conor's photograph featured his 11 yr old rescue cat Murray. Originally photographed in his back garden, careful editing by Conor created the impression of a pen and ink drawing, producing an image that captures Murray's proud and handsome figure, and the imagination of the judges! President of RSPCA and presenter of the awards, Chris Packham (TV naturalist, presenter and esteemed cameraman in his own right) commented that the image was creatively posed, creating a very striking image. In receipt of the award Conor said "I am delighted to have been selected as a finalist, and the runner-up prize was the icing on the cake. It was a great honour to have my picture recognised in this way and to have the opportunity to meet one of my wildlife conservation heroes"

Mum and Dad (Bev and Phil Smith) and twin-sister (Cora) are so happy for him and wish to acknowledge Conor's great achievement.

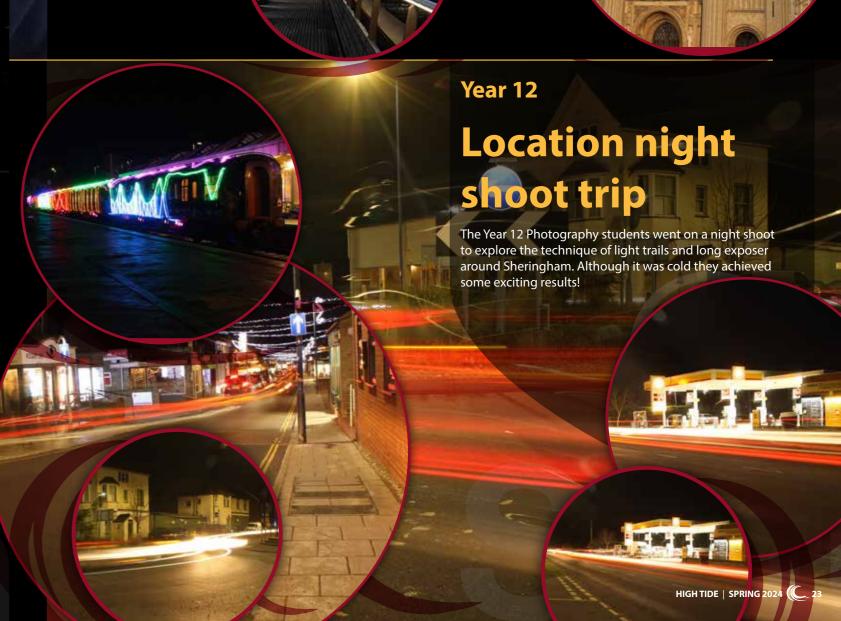
More details of this year's awards can be found at (RSPCA Young Photographer Awards - photo competition - YoungRSPCA - rspca.org.uk.

Look out for the 2024 awards, which will celebrate the 200th anniversary of the RSPCA.



On a freezing December afternoon, Year 13 Historian studying Robert Kett's Rebellion against Edward VI in 1549 were lucky enough to have a guided tour of Norwich with a difference. Tour guide Paul Dickson gave the students a whole new perspective on the city, visiting both hidden backstreets and more well-known sights that had a story to tell of the Rebellion. The students walked paths and crossed bridges in the footsteps of the rebels. History certainly came alive that day.

PIC: 6F Histroy Kett 1-4





Year 13 alumni Awards Evening



by Mr Keshavarz

On 5 January we celebrated the achievements of our Year 13 alumni for their success in August 2023. Congratulations to all our Year 13 alumni, especially the Award winners.

We wish them continued success in the future:

Subject Award Prize Winner

Applied Science Sam Brewerton

Art Daisy Pearson

Biology Martha Shawyer

Business Studies Leticia Daniels, Daisy Pearson

Chemistry Nate Anderson

Computing Matteo Venuti

Criminology Abbie Bircham, Eden Cozier

Drama **Honor Boughton**

English Literature Martha Shawyer

EPQ Lucas Midwood, Martha Shawyer

Further Maths Mason Ling-Allen

Geography Harry Moorfoot, Martha Shawyer

German Alex Kuczwalska

Health and Social Care Daisy Pearson

History Alfie Ash

Maths Abbie Bircham

Media Studies Harvey Waring

Philosophy and Ethics Noah Allison

Photography Harvey Waring

Physics Mason Ling-Allen

Product Design James Daniels

Psychology Paige Sadler-Barker

Sociology Katie Edwards

Sport Fiona-May Swanson

Progress Nathaniel Allison

Endeavour Maddy Radwan

Director of Sixth Form Ella Brinkler



The Holocaust - Auschwitz

Four Yr12 students have been working with the Holocaust Education Trust on their Lessons from Auschwitz programme. This important programme involves two online seminars, where students hear from Holocaust survivors, who will share their personal experiences. The programme also included a visit to the Auschwitz-Birkenau Memorial and Museum on 6 February. We look forward to finding out how our quartet plan to share what they have learnt within the school and wider community. Truly memorable.

Enriching the Sixth Form experience

The Sixth Form have enjoyed a wide range of talks through our link at Gresham's School, on topics including Arts and creative thinking, navigating AI and human futures, and exploring testicular cancer. We remain extremely grateful for these fabulous opportunities.

The Sixth Form has also benefited from fascinating alumni talks about university opportunities at UEA, employment and apprenticeship prospects at Jones Lang LaSalle (JLL), one of our biggest local employers, and the important work of the Terrence Higgins Trust.

Planning for life beyond the Sixth Form

A record number of Yr13 students have applied for university degree courses this year. Universities applied to range from Anglia Ruskin and Cambridge to York St John and Westminster, for courses including Aeronautical Engineering, Games Development, Medicine, and Sports Therapy. We wish all Yr13s good luck with their applications, whether it be for degree courses, apprenticeships or employment.

An embarrassment of riches!

In September, we are looking forward to an expanded A Level offer for the new Yr12s. In addition to the current twenty-five courses in the Fine Arts, Humanities, Natural and Social Sciences, as well as Technologies and Motors, we are offering A Levels in Environmental Science, Law, Medical Science, Politics, as well as Travel and Tourism.

We are also proud to offer a post-16 Rugby Development Programme, the first of many Sports Programmes we will be introducing at Sheringham Sixth Form. The programme is designed to meet the needs of players, those interested in coaching and/or refereeing, with accredited courses that will support applications to both university and employment.

Please see Mr Keshavarz for more details on these and the rest of our fantastic courses.



Expand your mind, courses and life @ Sheringham Sixth.



Health & Fitness Club at **Kelling Heath Holiday Park**









Set in a beautiful woodland environment, membership includes use of the gym, indoor swimming pool, seasonal outdoor pool, spa pool and revitalising sauna and steam rooms. Along with bookable tennis courts, free parking and discounts on Park.*



Weybourne NR25 7HW

kellingheath.co.uk





ADVERTISE YOUR BUSINESS HERE

Our termly High Tide Magazine is shared directly (via email) with approximately 2000 adults in our community.

Printed copies are shared with over 300 families with children aged 9 to 11 years. These children attend our local Primary Schools including Sheringham Community Primary School, Antingham and Southrepps Primary School, Cromer Junior School, Gresham Village Primary School, Holt Primary School and The Belfry Primary School.

Printed copies are also distributed in our local community in libraries and community centres.



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