



HIGH TIDE

The Sheringham High School Newsletter

AUTUMN 2024

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MULTI-ACADEMY TRUST

Letter to student from author Tom Palmer



Ofsted
Good Provider



Duke of Edinburgh Awards



Year 6 & 6th Form Open Evenings



Awards Evening



WELCOME TO HIGH TIDE AUTUMN 2024



I'm delighted to welcome you to the Autumn term edition of High Tide. As you will see from all the articles and photographs, we have celebrated achievements, camped out, acted, danced and sung on stage, raised money for charities, visited Courts, stately homes and theatres, recited poetry, read fabulous books ... the list goes on. We are very proud of the education we provide here and our students' success in their GCSEs and A Levels is testament to the quality of teaching we offer.

I hope you will enjoy this snapshot of life at Sheringham High School!

Mrs D Hollidge
Head of School

A MESSAGE FROM MARTIN LANGSDON, COMMUNITY GOVERNOR

I am Dr Martin Langsdon and I am a Community governor here at Sheringham High School. I was previously a parent governor here when the second of my two sons was a pupil at the school. I have lived in Sheringham for the last twenty years and I am also a Sheringham Town Councillor.

Among other work, I was a secondary school teacher for twenty-three years and also worked as a lecturer in the school of Education at UEA in Norwich. As a Head of Department in secondary schools in Essex, I became used to working closely with the school SENCO from the start of my teaching career. I learned the significance of learning resources and strategies being adapted to the diverse learning needs of young people in the school.

As the member of the school's governing body, I am the governor whose role it is to link up with the school's SEND department. The school's governing body has a responsibility to;

- Make the necessary special educational provision for any pupil with Special Educational Needs.
- Meet the needs of pupils with SEND.
- Make reasonable adjustments in line with the Equality Act 2010.
- Ensure that all pupils with SEND join in with the everyday activities of the school together with the children without SEND.
- Appoint a SENCO who has received appropriate training.
- Have a suitable and up-to-date SEN information report/policy, published on the website.



As the school's SEND Link governor, I have a responsibility to liaise with the school's SENCO and other SEND staff in order to help the governing board to remain up to date with all matters related to SEND. I have been most impressed by the work of the SEND department and by the ways in which the school seeks to incorporate awareness of special educational needs into all aspects of school life.



AWARDS EVENING

There is no better way to spend a summer's evening than in Sheringham's beautiful Parish Church, St Peter's, celebrating the achievements, both personal and academic, of our students. Musical interludes were provided by the Sheringham High School Band and excellent solo performances by Emma West and Attia Law.

Awards were presented for each year group in all subject and extracurricular areas, with generous sponsorship from:

Sanders and Christie Gallery for Art, awarded to Pia-Elena, Kacey, Nola, Phoebe, Emma

Holt Bookshop for English, awarded to Iris, Willow, Oliver, Jayden, Oliver

Sheringham Little Theatre for Drama, awarded to Jonah, Lola, Greg, Alexa, Ava

Purslows Chartered Building Surveyors for Design and Technology, awarded to Isabella, Isla, Imogen, Zach and Jack.

The Lighthouse Community Church for Religious Studies, Self and Society, awarded to Alfie, Daniel, Joanna, Jack, Jessica.

Holkham Estate for Geography awarded to Grace, Summer, Poppy, Leo, Evie and the Student of the Year to Attia

Sanders Coaches for Motor Vehicle Studies, awarded to Tyler and Bailey

Larking Gowan for Business Studies awarded to Jensen and Roman and the Passion for People Award to Ben

St Peter's Church for the Community Award, awarded to Evie

Sheringham Sixth Form for the Leadership Awards to Tatiana and Taylor.

Other awards made included **Performing Arts** to Florence, Alenka and Harvey; Awards to Year 7 **Reading Challenge** participants and coaches; the Library Award to Tyler; **School Council Award** to Remi; **Maths Awards** to Brodie, Sophie, Kit, James and Toby; **Computing Awards** to Ruby, Lara, Johnny and Sophie; **Creative iMedia** to Ruby; **Food Preparation and Nutrition Award** to Oliver, Finn, Harry, Wendy, Melody; French Awards to Ben, Matilda, Bethany, William, James;

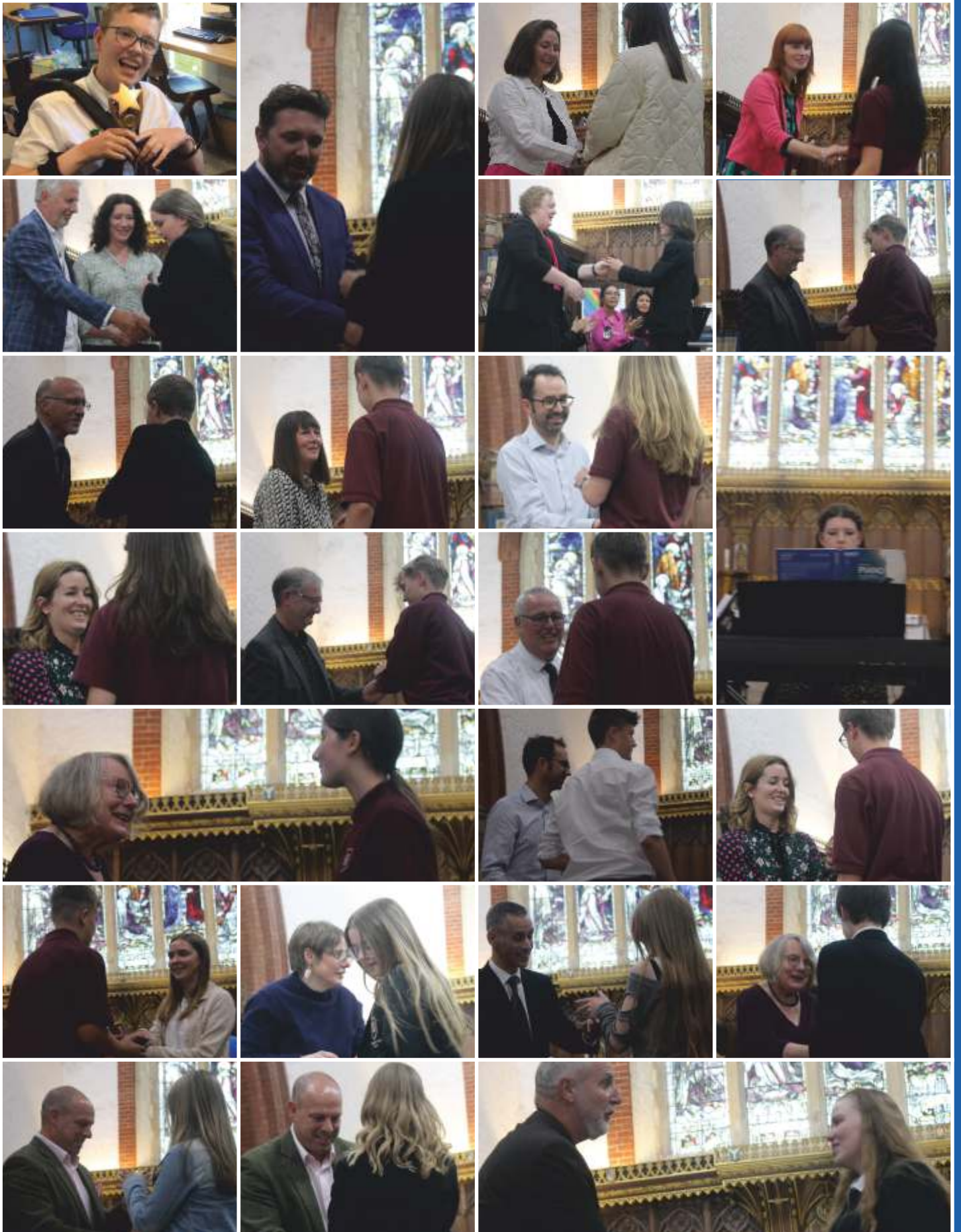
German Awards to Florence, Eva, Holly, Eliza, Sophie; **PE Awards** to Lara, Evie, Sonny, Isaac, Harriet; **History Award** to Niamh, Benjie, Brodie, Karina, Jordan; **Horticulture** to Logan and Sophie; **Health and Social Care** to Tejai and Molly Anne; **Photography Awards** to Mary and Alice and **Youth STEMM Awards** to David and James.

We are very grateful to the community businesses and organisations for their generous support of our school. Our thanks go to Reverend Heycocks for his warm welcoming words and for allowing us the privilege of holding this special evening in the Church.





AWARDS EVENING





ROYAL ACADEMY YOUNG ARTIST SUMMER EXHIBITION!



We are thrilled that Year 7 student Laurel has had her work shortlisted in the Royal Academy's Young Artist Summer Exhibition. Over 21,000 students submitted work and Laurel was delighted to have her painting of her dog 'Ralph' in the exhibition. The private view was in London. The exhibition ran until 11th August 2024. We also have Kadie, a Year 11 Photography student, in the online exhibition.

SURFING Ms Shepherd

Norfolk County Council and the Glide Surf School have been running a joint programme to promote the importance of positive mental health through exercise, called North Sea Swell. We were lucky enough to have been selected as one of the pilot schools and a group of students have been selected to give this programme a go and they have absolutely embraced it! Braving the North Sea temperatures, these students have been building their water confidence and honing their surf skills with expert tuition from the instructors at Glide surf school. We are looking forward to developing this partnership over the next few years and hoping to get a lot more students involved.





D OF E BRONZE QUALIFIER

Ms Shepherd

On a super-hot and sunny morning 27 intrepid D of E candidates set off for their qualifier weekend. With teams sorted, food packed and prepped, together with their newfound confidence from the practice expedition, spirits were high. The Garvestone site really did test the group! With no showers and only a cold-water pipe, survival skills were put into action!



The group quickly set up and went straight out for their first circular walk, clocking up 12km on the first day. Students had planned their walk on the previous expedition so knew what to expect - this time with the added bonus of sunshine - 24 degrees to be exact! Students were reminded about the importance of sunscreen, hats, sunglasses, regular stops and most importantly, water. We met the groups at regular stops, checking in with everyone and walking the last 7km together. All groups did so well on day one, sensibly not pushing it too fast in the heat. Back at camp it was time for tea. All groups had planned their meals together and it was a true team effort. After a quick 'rate my meal' competition, we had decided that spam was a clear winner together with a group's 's'mores' effort for pudding!





DUKE OF EDINBURGH AWARD



Mr Richardson, Mrs Tosney and Mrs Dyball came along for the evening to see what everyone had been up to. All have improved so much since last time and it really was such a lovely, positive evening! After dinner, the group still had endless energy, so we wandered down to the local football field for a big game. Three hours later, they were finally all tired and were in bed by 9.30. This group has been absolutely fantastic from the beginning, getting up super early, making breakfast, packing up and then setting off. The weather couldn't have been more different on the second day, but despite driving rain at times, spirits were not dampened. All groups made it back to Great Ellingham in really good time after walking 14km. After meeting with their group leaders to go through assessment questions, all students passed with flying colours.



The Duke of Edinburgh expedition is by no means easy for everyone, but this group has been brilliant. They have been a pleasure to take away - I have been super impressed with all of them - and I hope they continue their journey with the D of E qualification.





NORFOLK CHILDREN'S BOOK DAY

Alex Steward

A group of Year 7 students had a thoroughly brilliant day at the Norwich School's 'Norfolk Children's Book Day'. Three wonderful authors, Mitch Johnson, Stuart Lawrence and Sarah Hagger-Holt, talked about their books and their inspiration for writing. Mitch Johnson's books and his talk reflected his concern for the environment and love of adventure, Stuart Lawrence imparted an inspiring message of positivity and encouraged the audience to have the confidence to be themselves, while Sarah Hagger-Holt's message was about equality and empathy. We all thoroughly enjoyed the day, especially Iris, who won a prize for answering a question correctly!

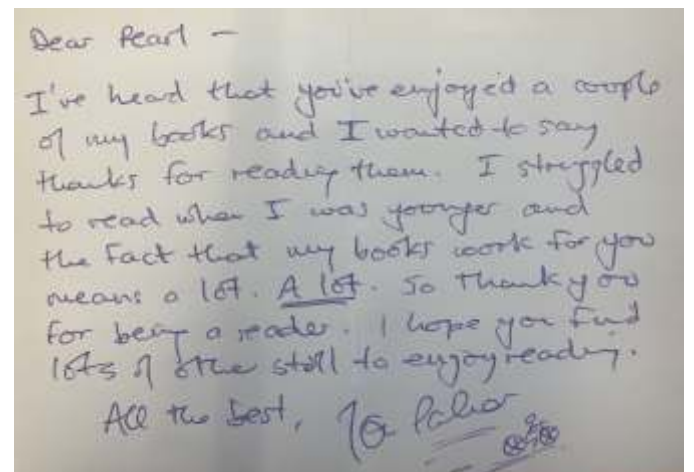


CAUGHT READING

Alex Steward

Students who are caught reading by choice by a member of staff before school, during break or lunchtime, will be nominated and a name is drawn out of the 'hat'. That lucky student is awarded a prize – always edible and often chocolate! Recent reading champions include Pearl, Ivy, Florence, Lauren, Josie and Martha.

In addition to Pearl's chocolate prize, she was delighted to receive a personal letter from author Tom Palmer, who had been told how much she has been inspired by reading his books following his visit last year!





'POETRY BY HEART' SUCCESS

Sheringham High School students in Years 8 to 10 have celebrated success in the national poetry performance competition, Poetry by Heart. In small groups, or as individuals, students learned and performed poems, recording their entries and sending them in to be judged by a national team of poets and poetry specialists. There were over 3,000 entries across the country, performing poems from across the English canon. Year 9 students Oliver, Wesley and Dylan received 'Commended' for their performance of Brian Patten's 'Rules', as did Grace, Lara, Tilly and Poppy in Year 8 with their freestyle interpretation of Rachel Rooney's 'Russian Doll'. 'Highly Commended' was awarded to Alenka and Marna in Year 8 for their performance of 'Siren Song' by Margaret Atwood, and Evie in Year 10 was awarded Best in County for her individual performances of Christina Rossetti's 'Cousin Kate' and Edna St Vincent Millay's 'I, Being Born a Woman and Distressed'. Well done to all our successful candidates!



ENGLISH DEPARTMENT WEEKLY WINNERS

Every week, English teachers nominate a student who has been outstanding in the quality of their work and commitment to learning. That student is awarded a 'golden token', which can be exchanged for a new book from the Department's vending machine. Well done to all our winners!



MUZILLAC VISIT

Muzillac visit Eliza Hill

Bonjour! Il y a deux semaines, je, et quelques autres élèves sont allés à France, au lieu de faire du stage. Nous sommes allés à Muzillac, la ville jumelée avec Sheringham, sur un échange. Pour moi, c'était super – j'ai parlé beaucoup de française, et ma française s'est améliorée, je crois! J'ai raconté une blague aux gens Français, et ils ont ri! Nous avons visité le golfe du Morbihan sur un bateau, et les trois élèves de française avons exploré une rivière avec un voilière.

Nous avons rencontré des nouveaux amis, et goûté des nouvelles nourritures, surtout les fruits de mer. Nous avons une soirée de galettes, et on a essayé de la danse Britannique – c'était merveilleuse.

J'irai encore à Muzillac à l'avenir, j'espère! Notre séjour était parfait, merci Muzillac!

Hello! At the beginning of July, three other students and I went to France, on an exchange. We went to Muzillac, the twinned town of Sheringham, with the Sheringham-Muzillac Twinning Association.

For me, it was great. I spoke to lots of French people, and as a result, my French has improved, I believe. I even told some jokes in French, which were met with laughter! We visited the Gulf of Morbihan on a boat and three of us explored a river on a sailing boat. We made new friends and tried new foods, especially seafood and fish dishes, as well as lots of cheese. We had a crepe evening and tried Briton dancing- it was marvellous.

I hope to visit Muzillac in the future, as our stay was fantastique! Thank you, Muzillac!





A 'FANGTASTIC' HALLOWEEN SPREAD!

Michael and his amazing team put on a 'spectral' Halloween lunch for our lucky students. It was totally 'spooktacular', as the photographs demonstrate!



MODERN FOREIGN LANGUAGES EXAM SUCCESSES

Many congratulations to Jasmine for achieving Grade 9 results in Chinese with spoken Mandarin/Cantonese and Eliza for her outstanding Grade 9 GCSE German, both of which were taken last summer. These results are particularly impressive as Eliza sat her exam one year and Jasmine two years early! In the past few years, individual students have been offered the opportunity to take Polish, Arabic and Russian GCSEs and, this summer, arrangements have been made for Spanish GCSE to be taken.





PERSONAL DEVELOPMENT DAYS!



Towards the end of the summer term, our Year 7s, 8s, 9s and 10s enjoyed three days off curriculum and involved in a variety of exciting activities. Year 7 students visited Banham Zoo, and enjoyed a day at Sheringham Park, relishing activities such as fire lighting, shelter building and a walk to one of the many viewing towers. Their week finished in school, celebrating all things relating to the Day of the Dead by making masks, dance and music workshops, culminating in watching the animated film 'The Day of the Dead'. Year 8 students also visited Sheringham Park, enjoyed an outdoor activity day at school which included wall/rock climbing, disc golf using a frisbee, fencing, circus skills and teamwork in designing and constructing a tower. There was a school-based activity, Trade Day, run by the English and Drama Departments. Students had to form their own business and use the resources that they had to make T-shirts. But they were working against a complex set of trading requirements and inflation, which meant they had to sharpen their negotiating skills to succeed. Students ended the day with a Dragons' Den style pitch to see whose business was most investable.



Year 9 students enjoyed the outdoor activities and the Trade Day at Sheringham High as above but also had a day trip to Holkham Hall, where they went on a deer safari and a bike ride round the beautiful grounds of Holkham, even spotting a red kite hunting high in the sky! They then headed for fun on the rope course - not for the faint hearted! They followed the trail of discovery through the treetops, over wobbly crossings and swinging bridges before getting their feet safely back on the ground with a descent down one of the two zip lines. Alternatively, some students took part in a master class in cake decorating with Mrs Chanter, learning how to make fondant; how to quilt fondant, create swags and bows and how to make sugar roses. The finished product was stunning!

Year 10s, depending on their GCSE subjects, took part in a varied programme of activities at school, including an Art and Photography workshop in collaboration with Holt Festival, a Uniformed Service Day, a lecture on immigration and the race riots in Notting Hill and 'Ready Steady Cook'. GCSE Geographers ventured along the coast to Overstrand. The Historians visited the Tower of London, where they saw Henry VIII's armour, visited Walter Raleigh's prison, spotted Tudor graffiti and climbed the ramparts, all in a spectacular setting next to the Thames and Tower Bridge. The afternoon was spent in Notting Hill, visiting the Portobello Road Market and visiting sites linked to the GCSE module on Migrants in Notting Hill. The next day, they were lucky enough to be visited by Tony Warner of Black History Walks, author and expert on Black History in Notting Hill. The students were fascinated by his accounts of key characters in the Migration story.





PRESTIGIOUS INVITATION Mrs Fijalkowska

In October, Mrs Fijalkowska was invited to participate in a discussion about the paintings of the late Czech artist Eva Švankmajerová at Frieze Masters and The Gallery of Everything in London alongside the owner of the gallery and Professor Krzysztof Fijalkowski. The 2-hour discussion was lively and animated with stories of her life and conversations about her work. The talk was presented to a live audience. The event was filmed and will be posted to the gallery website once edited. Mrs Fijalkowska knew the artist Eva Švankmajerová personally and has exhibited and published alongside her in the past. Mrs Fijalkowska's essay about the paintings was recently published in America and Czechia. Tate has bought one of the paintings from Frieze, one of the biggest professional art fairs in the world this year.



ART CLUB Mrs Mendes-Houlston

KS3 Art Club were busy making pumpkins for Halloween. It's been lovely to welcome so many new students.

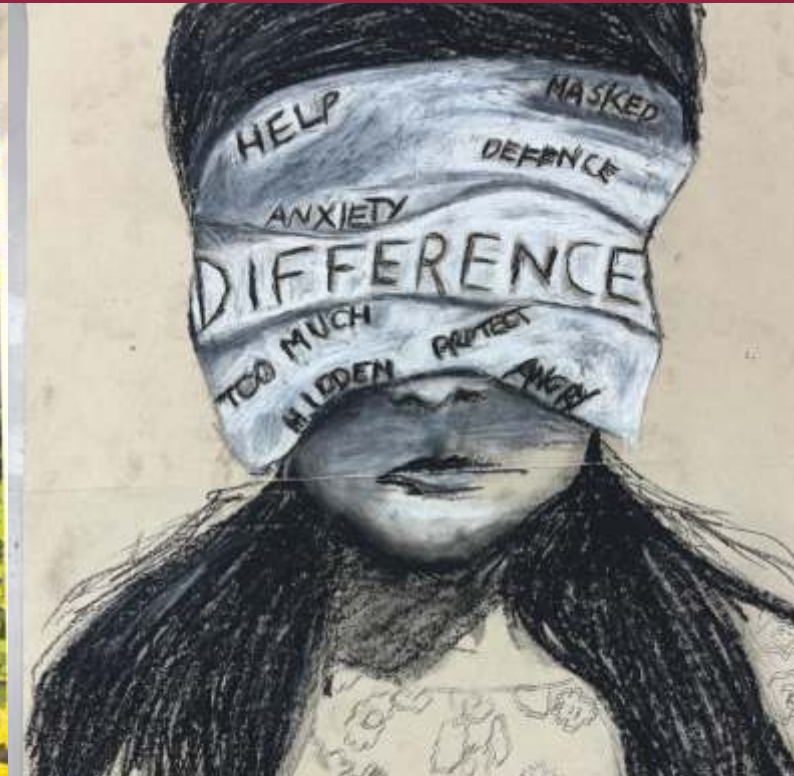




GCSE ART & PHOTOGRAPHY

Mrs Mendes-Houlston

GCSE Art and Photography students have made a strong start on their final pieces. We are so very proud of their achievements so far.



HORTICULTURE Mr Chandler and Mrs Angus

Horticulture students captured celebrating the end of the growing season and enjoying the beginning of Autumn.





YEAR 6 OPEN EVENING

The whole school was buzzing with excited Year 6 pupils who came with their families and friends to view everything that Sheringham High School has to offer them. Every subject area was ready to welcome them with displays and activities, and parents and carers had plenty of opportunity to meet and talk to staff about all the opportunities available to our students.

Highlights included making whistles and seeing a fantastic motorbike in the Design and Technology Department, biscuit-making and decorating in the Food and Nutrition room, and an amazing Drama production of 'Daisy Pulls It Off' featuring students from all year groups, which was so popular it had to be performed 19 times!

We look forward to welcoming all our new students in September 2025!





Football, Netball and Rugby teams and girls' football players of the week!





REMEMBRANCE DAY

'For your tomorrow, we gave our today.'

On Remembrance Sunday, Mrs Hollidge (Headteacher) and Eliza Hill (Head Student) attended the Town's Commemoration service and laid a wreath at the War Memorial in Sheringham. It was a very moving and well-attended occasion, with local uniformed services, charities and groups represented alongside a large contingent of townsfolk. On 11 November, silence was observed throughout the school, with the Last Post being played by Mrs Bussey and Florence Hill (Year 9).



STEAM CAREERS CONVENTION

Mrs Hookway

Fifteen students, from Year 9 to Year 12 who are participating in the Youth STEMM Award, attended The STEAM Careers Convention at Gresham's School in the Dyson Building. The event had a diversity of employment showcasing STEMM/STEAM learning in all sectors. The exhibitors had an activity on each stand to inspire and draw pupils in to discuss and find out more and it was a fantastic event. There were exhibitors from: Lotus Cars, Renewable Energy Providers, East Anglian Air Ambulance, The Armed Forces, Jewellery Design, Norwich University of the Arts, The Dyson Institute, Software Engineering, Marine Biology, Engineering, Construction, Architecture, NHS Medical & Healthcare, Veterinary Medicine, Environment, Wildlife reserves, Furniture Design and Hospitality.





6TH FORM NEWS

SIXTH FORM OPEN EVENING

We were delighted to welcome a packed Hall of potential applicants from Sheringham High and surrounding schools to our Sixth Form Open Evening in October. Following speeches from Mrs Hollidge (Head of School), Mr Keshavarz (Director of Sixth Form), and Ms Shepherd (Assistant Head), Year 13 students Molly Heycocks and Susie Winfield passionately explained why Sheringham Sixth Form offers a combination of brilliant courses, outstanding teaching and fantastic support from highly qualified and enthusiastic staff, as well as fabulous opportunities and enrichment. The potential Sixth Formers and their families then explored what our brilliant Sixth Form offers for themselves. We look forward to welcoming all our new students next September. In the meantime, if you have any questions, please contact Mr Keshavarz, who will be pleased to help you.





SHAKESPEARE AT THE GLOBE

Mrs Chanter

Our year 12 Literature class went to London to visit Shakespeare's Globe Theatre to see 'The Taming of the Shrew'. A somewhat surreal production of the show gave us a real taster of a completely different way of presenting Shakespeare; complete with puppets, a giant teddy bear and a massive shrew! It was a fabulous trip and our lovely students even treated the diners at Birchanger Services to their talents on the communal piano, to rapturous applause!

CRIMINOLOGY

Ms Shepherd

Year 12 Criminology students visited Norwich Magistrates Court to see the judicial process in action. Students are currently examining the pathway from the crime scene to the courtroom within their unit of work. We met with the court usher who explained the court system at Norwich to us and were then introduced to the barrister in the remand court, where sentences can range from fines and community service to being referred up to the Crown Court for more serious crimes with sentencing. Students also listened to hearings in the GAP court (guilty anticipated plea) where cases involving drugs, theft and speeding were heard. Seeing the court system in action was something that our students really enjoyed and an experience they will remember for a long time.





SIXTH FORM SHERINGHAM SCHOLARS

Congratulations to Mason Grand, Toby Lewis and Chloe Smith who have won the 2024 Sheringham Scholar Awards for their outstanding GCSE results in August 2024. We look forward to following their continued success at A Level.



A LEVEL GEOGRAPHY AND BIOLOGY FIELD TRIP TO WALES

Mr King

A Level geography students were joined by their biology counterparts for the first time for our annual visit to Betws-y-Coed in northern Wales to develop their fieldwork and practical skills. Despite the small cohort, students enjoyed a huge amount despite the 6am meet at school on the last week of term in July! The first two days orientated around data collection and analysis in upland areas; the highlight being a circumnavigation of Cwm Idwal, a corrie in the Snowdonia region which lent itself to some breathtaking views. Day 3 involved a visit to Llandudno to trial some human geography techniques in the birthplace of the story of Alice in Wonderland while the biologists focused on freshwater practical work. The penultimate day saw both groups of students head to the coast, with the weather in Criccieth a vast improvement on last year for the geographers, while the biologists explored sand dune profiles and characteristics near Anglesey. The final day saw us focus on river characteristics before the very warm 6 hour drive back to SHS. All students worked well and achieved a great deal which will support them with their NEA coursework write up and practical skills. A huge thanks to all the staff at the Field Study Centre for their tutoring as well as to Miss Lucas and Mr King for getting them all safely there and back! We look forward to visiting again in 2025.





6TH FORM NEWS

SIXTH FORM WORKS FOR OUR COMMUNITY

So far this year the Sixth Form have raised an amazing £249.68 for Macmillan Cancer Research during our annual Macmillan Cake Sale in September.



Grace Richmond, Year 13 student and member of the 6th Form Committee, writes: "On the 24th of October, our Sixth Form Committee organised a Wear it Pink event to raise money for Breast Cancer research. A rapturous gathering of both the Sixth formers and High school students flooded to the hall to purchase a variety of cakes and baked goods, raising £236.24! We greatly appreciate all those who donated to this cause and hope to continue this legacy next year!"



Congratulations and thank you to all the Sixth Form students and tutors who organised these important events, and especially to the many who baked, bought and sold cakes. Please continue to give generously.

SIXTH FORM TASTER DAY

In November we welcomed a record number of Year 11 students to our Sixth Form Taster Day. The students came from Sheringham as well as an expanding number of other schools. The students experienced our increasing range of fascinating subjects, as well as some of the tasty treats available during the breaktimes.



Highlights included storyboarding a film, providing legal advice about whether certain activities are criminal, and investigating locusts. Once again, it was a hugely successful day. The students impressed with their maturity in the Sixth Form environment, and many commented how their choices are now more difficult as they enjoyed so many sessions that they are torn between which options to take at A Level. We look forward to another exceptional year of applications. We hope that the day helped highlight the excellent teaching and opportunities available to students at our Sixth Form, but please contact Mr Keshavarz with any further questions.





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